

# SUCCESSFUL STORY

## Successful story of Mrs. SukMaya Rokaya

Mrs. SukMaya Rokaya was born in Ghode Mahadev VDC, ward no. 7, Karnali zone (West Nepal, Jumla district). She is the first daughter among her seven siblings. She was a small girl when she got married. She belongs to a very poor family. Due to deficiency of food her children have malnutrition. They have a very tough life in the village.

Since 2016 she started to have her vision blurred. During the time she gave birth to her third child. After her delivery she became totally blind with both eyes. Things became worse to worst for her.

First they approached to traditional healer for her eye treatment but nothing changed in spite of spending huge amount for buying goats, chicken, gold, utensils and other many things, instructed by the traditional healer to offer the god for her recovery. Eventually they visited the hospital. The hospital advised them to have surgery since she had bilateral cataract. Due to the financial constraint they were unable to do surgery so they went to NNJS Jumla Branch and the chair person helped them giving shelter in his home. Suk Maya's husband started to work there and saved some money to visit hospital. The chair person advised them to visit Lamahi Eye Hospital and recommended her to the hospital for free surgery. They somehow reached Lamahi Eye Hospital got checked the eyes in OPD. The doctor declared bilateral cataract and advised for the surgery. After considering their financial situation the hospital decided to operate her eye in free of cost from the fund of NABP icare



programme. As per the suggestion of doctor they stayed there for forty one days, not only for her eye examination but for the treatment and recovery of their ill son affected by malnutrition. The hospital bore the whole expenses. They celebrated Dashain (the biggest festival of hindus in Nepal) during the period. They were so happy with the love, care and respect showered by the hospital staff.



The hospital decided to do her surgery in her village, where a surgical eye camp was going to be held in the presence of representative of NABP Business Department and NABP Nepal. A team of eye camp comprising twenty people started the journey to Jumla. The first night they spent in Surkhet and started the journey again next morning with the help of porter and pony (for carrying the luggage). Next day they reached Jumlakot and started the OPD. There were seventy three cataract patients, all were instructed the necessary

preparation pre operation like applying medicine, having the biometry (for applying the correct number of lens inside the eye during operation) etc. Next day Ms. Sukmaya got her both eye surgery. After one day when the doctor unfolded her eye bandage, she cried with joy because she was already transformed from blind to fully sighted. She thanked the doctor and entire team expressing her deep gratitude comparing the doctor and team with her parents. She explained that the hospital and the team was like god for her since nobody would help her the way she got the treatment in her own place, a



very remote area. She also got the glass and medicine in free of cost. She was advised of everything related to her operation like applying medicine on time, keeping eye clean and maintain the hygiene to avoid the infection.

Although she was advised to come to hospital for follow up after two weeks she showed up only after three weeks. The doctor checked her eyes, it was perfectly fine. Mrs. Sukmaya told that she now has become fully active like before. She is able to carry out all the house hold chores and other activities. She further said that she will advise other neighbor to visit hospital if they have any problem with eye.



**THANK YOU**